

Why Hats?

HEALTH AGEING TRAINING SERVICES

109 Caledonian Avenue
Maylands WA 6051

(08) 9374 7966
info@hatstraining.com.au
www.hatstraining.com.au

Other Courses at HATS include:

First Aid HLTF311A
CPR HLTCPR211A
Assist Clients with Medication
TAE40110



Health Ageing
Training Services

MANUAL HANDLING WORKSHOP

“The venue and facilities are great, the training was excellent.”

- Sam Williams (student)

“The trainer was a delight, the program was clear and easy to understand, I thoroughly enjoyed this session”

- Nicki Glover (student)





Our Vision

To provide exceptional learning and development services for the health and aged care industries.

Our Mission

Health Ageing Training Services is committed to providing exceptional training from experienced trainers that exceeds expectations of excellence.

**CALL NOW TO ENROLL
(08) 9374 7966**

Heath Ageing Training Services offers a three hour theory and practical workshop covering the basics of manual handling.

The workshop utilizes a risk management approach to reduce the potential for manual handling injuries, of healthcare workers.

The manual handling workshop covers the following components:

- Introduction to manual handling
- Basic anatomy and physiology of the spine
- Risk management as related to manual handling
- Correct ergonomics for manual handling in healthcare

Practical components include :

- Log roll
- Slide sheets
- Transferring from bed to chair
- Use of a hoist and sling

Course Eligibility

This course is designed for staff working in the healthcare industry and should be updated annually.

Course Location:

109 Caledonian Ave Maylands, WA 6051

Cost

\$70

Transport and Parking

Parking is available on site. Location is close to public transport.

Course Dates 2013

- 2nd October 2013
- 16th October 2013
- 30th October 2013
- 13th November 2013
- 27th November 2013
- 11th December 2013

All Classes run from 9am until 12pm.
Students must wear appropriate clothing.
Enclosed shoes are essential.

